

Let's see what's for lunch...



Monday	<b>Main Meals</b> Beef Bolognaise with Spaghetti (G)  Vegan Bolognaise (SO,g) with Spaghetti (G)  Baked Jackets with Grated Cheese (MK)	<b>Served With</b> Peas & Broccoli  <b>Dessert</b> Maryland Cookie (G,mk)
	<b>Main Meals</b> Ham & Cheese Pizza (G,SO,MK,e) with Baked Wedges  Margherita Pizza (G,SO,MK,e) with Baked Wedges  Pasta (G) & Tomato Sauce	<b>Served With</b> Carrots & Sweetcorn  <b>Dessert</b> Apple Crumble (G) with Custard (MK)
	<b>Main Meals</b> Roast Chicken with Roast Potatoes & Gravy  Squash & Lentil Lasagne (G,MK,e)  Baked Jackets with Baked Beans	<b>Served With</b> Seasonal Greens & Cauliflower  <b>Dessert</b> Cherry Cornflake Cake (G,SU)
Tuesday	<b>Main Meals</b> Chilli Con Carne with Steamed Rice  Vegan Bean Chilli (SO) with Steamed Rice  Pasta (G) & Tomato Sauce	<b>Served With</b> Broccoli & Carrots  <b>Dessert</b> Chocolate & Pear Sponge (G,E)
	<b>Main Meals</b> Breaded Fish Fingers (G,F) with Chips & Ketchup  Vegan Goujons with Chips & Ketchup  Baked Jackets with Grated Cheese (MK)	<b>Served With</b> Peas & Baked Beans  <b>Dessert</b> Banana Flapjack (G)
<b>Freshly Baked Bread:</b> Carrot & Beetroot (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)		

Week 1:  
1<sup>st</sup> January, 22<sup>nd</sup> January, 12<sup>th</sup> February, 4<sup>th</sup> March, 25<sup>th</sup> March,  
15<sup>th</sup> April, 6<sup>th</sup> May

**Pabulum Salad Bar**

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:  
Fresh Fruit, Yoghurt (SO,MK)  
or Jelly



Monday	<b>Main Meals</b> Pork Sausage (G,SU) with Mashed Potato & Gravy  Vegan Sausage (SO) with Mashed Potato & Gravy  Pasta (G) & Tomato Sauce	<b>Served With</b> Sweetcorn & Baked Beans  <b>Dessert</b> Chocolate Rice Krispie Cake (G)
	<b>Main Meals</b> Chicken & Sweetcorn Pasta (G,MK)  Vegan Tomato & Mixed Bean Sauce with Fusilli (G)  Baked Jackets with Grated Cheese (MK)	<b>Served With</b> Carrots & Broccoli  <b>Dessert</b> Mandarin Jelly
	<b>Main Meals</b> Honey Roast Gammon with Roast Potatoes & Gravy  Sweet Chilli Stir-fry Mushroom & Vegetable Noodles (G,E,SO)  Wholewheat Pasta (G) & Tomato Sauce	<b>Served With</b> Seasonal Greens & Peas  <b>Dessert</b> Vanilla Ice Cream (MK)
Tuesday	<b>Main Meals</b> Macaroni & Cheese Bolognaise Bake (G,MK,C)  Vegetable Quiche (G,E,MK)  Baked Jackets with Baked Beans or Salmon Mayonnaise (F,E)	<b>Served With</b> Carrots & Sweetcorn  <b>Dessert</b> Apple & Carrot Flapjack (G)
	<b>Main Meals</b> Breaded Fish Fingers (G,F) with Chips & Ketchup  Vegan Fajita Wrap (G) with Chips & Ketchup  Pasta (G) & Tomato Sauce	<b>Served With</b> Peas & Baked Beans  <b>Dessert</b> Lemon Drizzle Sponge (G,E)
<b>Freshly Baked Bread:</b> Garlic & Herb (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)		

Week 2:  
8<sup>th</sup> January, 29<sup>th</sup> January, 19<sup>th</sup> February, 11<sup>th</sup> March, 1<sup>st</sup> April, 22<sup>nd</sup> April,  
13<sup>th</sup> May



**Made Fresh Every Day**  
All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.



Monday	<b>Main Meals</b> Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne (G)  Vegan Roasted Ratatouille with Penne (G)  Baked Jackets with Grated Cheese (MK)	<b>Served With</b> Carrots & Broccoli  <b>Dessert</b> Orange Shortbread Biscuit (G)
	<b>Main Meals</b> Bacon & Mushroom Carbonara (G,MK) with Pasta (G)  Cheese, Onion & Potato Turnover (G,MK)  Pasta (G) & Tomato Sauce	<b>Served With</b> Sweetcorn & Coleslaw (E)  <b>Dessert</b> Carrot Cake (G,E)
	<b>Main Meals</b> Herby Roast Chicken with Roast Potatoes & Gravy  3 Vegetable Mac n' Cheese (G,MK)  Baked Jackets with Baked Beans	<b>Served With</b> Seasonal Greens & Broccoli  <b>Dessert</b> Chocolate & Beetroot Brownie (G,E)
Tuesday	<b>Main Meals</b> Traditional Beef Lasagne (G,MK,e)  Vegan Chickpea & Spinach Korma with Steamed Rice  Pasta (G) & Tomato Sauce	<b>Served With</b> Cauliflower & Carrots  <b>Dessert</b> Vanilla Ice Cream (MK)
	<b>Main Meals</b> Breaded Fish Fingers (G,F) with Chips & Ketchup  Vegan Bubble & Squeak with Chips & Ketchup  Baked Jackets with Grated Cheese (MK)	<b>Served With</b> Peas & Baked Beans  <b>Dessert</b> Apple & Parsnip Cake (G,E)
<b>Freshly Baked Bread:</b> Courgette & Tomato (G,SO,MK,e) or Wholemeal Bread (G,SO,MK,e)		

Week 3:  
15<sup>th</sup> January, 5<sup>th</sup> February, 26<sup>th</sup> February, 18<sup>th</sup> March, 8<sup>th</sup> April,  
29<sup>th</sup> April, 20<sup>th</sup> May

**Allergen Key:**  
**CAPITAL LETTERS = contains, lower case = may contain**  
Celery and Celeriac (C), Crustaceans/Shellfish (CR), Eggs (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Molluscs (MO), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya and Soya products (SO), Sulphites (SU)

BM1 BishopRoad  
Jan 2024  
All products are subject to availability