

# Let's see what's for lunch...

## Main Meals

Sausage & Mash with Onion Gravy  
Tex Mex Vegetarian Sausage Hot Pot V  
Pasta with Cheese Sauce V

## Vegetables

Sweetcorn & Peas Ve

## Dessert

Vanilla Ice Cream with Fruit Compote V

## Main Meals

Mild Chicken & Vegetable Curry with Steamed Rice  
Thai Vegetable Green Curry with Steamed Rice Ve  
Jacket Potato with Baked Beans Ve

## Vegetables

Cauliflower & Green Beans Ve

## Dessert

Fruit Burst Jelly Ve

## Main Meals

Honey Roast Gammon with Roast Potatoes & Gravy  
BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy Ve  
Wholegrain Pasta with Tomato Sauce Ve

## Vegetables

Seasonal Greens & Carrots Ve

## Dessert

Apple & Oaty Topped Crumble Ve with Custard V

## Main Meals

Beef Bolognese with Spaghetti  
Homemade Vegan Burger in a Bun Ve  
Jacket Potato with Cheese V

## Vegetables

Broccoli & Sweetcorn Ve

## Dessert

Chocolate & Beetroot Brownie V

## Main Meals

Fish Fingers with Oven Baked Chips  
Vegetable Burrito Wrap Ve  
Pasta with Tomato Sauce Ve

## Vegetables

Peas & Baked Beans Ve

## Dessert

Maryland Cookie V

### Freshly Baked Bread:

Garlic & Herb Bread V Wholemeal Bread V

#### Week 1:

19<sup>th</sup> April, 9<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July, 30<sup>th</sup> August, 19<sup>th</sup> September, 10<sup>th</sup> October, 31<sup>st</sup> October

## Main Meals

BBQ Chicken Pizza  
Margherita Pizza V  
Jacket Potato with Tuna Mayonnaise

## Vegetables

Sweetcorn Ve & Coleslaw V

## Dessert

Chocolate & Courgette Sponge with Chocolate Sauce V

## Main Meals

Turkey & Vegetable Pie Topped with Puff Pastry  
Sweet & Sour Vegetables with Steamed Rice Ve  
Wholegrain Pasta with Tomato Sauce Ve

## Vegetables

Cauliflower & Peas Ve

## Dessert

Oat & Cherry Cookie Ve

## Main Meals

Roast Chicken with Roast Potatoes & Gravy  
Cauliflower & Cheese Bake with Roast Potatoes & Gravy V  
Pasta with Cheese Sauce V

## Vegetables

Seasonal Greens & Carrots Ve

## Dessert

Banana Flapjack Ve

## Main Meals

Beef & Bean Chilli with Rice  
Vegan Chilli Con Carne with Rice Ve  
Jacket Potato with Baked Beans Ve

## Vegetables

Broccoli & Sweetcorn Ve

## Dessert

Apple & Parsnip Sponge V

## Main Meals

Battered Fish with Oven Baked Chips  
Vegetable Goujon with Oven Baked Chips Ve  
Pasta with Roasted Tomato Sauce Ve

## Vegetables

Baked Beans & Peas Ve

## Dessert

Vanilla Ice Cream with Peach Compote V

### Freshly Baked Bread:

Carrot & Thyme Bread V Wholemeal Bread V

#### Week 2:

25<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June, 4<sup>th</sup> July, 5<sup>th</sup> September, 26<sup>th</sup> September, 17<sup>th</sup> October

## Main Meals

Cottage Pie topped with Sliced Sweet Potato  
Macaroni & Cheese V  
Jacket Potato with Baked Beans Ve

## Vegetables

Peas & Carrots Ve

## Dessert

Sticky Banana Bread V

## Main Meals

Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta  
Vegetable Jambalaya Ve  
Jacket Potato with Salmon Mayonnaise

## Vegetables

Cauliflower & Broccoli Ve

## Dessert

Chocolate Shortbread Ve

## Main Meals

Thyme Roast Chicken Breast with Roast Potatoes & Gravy  
Roasted Ratatouille with Crumble Ve  
Wholegrain Pasta with Cheese Sauce V

## Vegetables

Seasonal Greens & Mashed Swede Ve

## Dessert

Mandarin Jelly Ve

## Main Meals

Beef Burger in a Bun  
Vegan Bolognese with Spaghetti Ve  
Jacket Potato with Baked Beans Ve

## Vegetables

Sweetcorn Ve & Coleslaw V

## Dessert

Jammy Bread & Butter Pudding with Custard V

## Main Meals

Fish Fingers with Oven Baked Chips  
BBQ Vegetable Quesadilla V  
Pasta with Tomato Sauce Ve

## Vegetables

Baked Beans & Peas Ve

## Dessert

Chocolate Mousse V

### Freshly Baked Bread:

Tomato & Herb Bread V Wholemeal Bread V

#### Week 3:

3<sup>rd</sup> May, 23<sup>rd</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July, 12<sup>th</sup> September, 3<sup>rd</sup> October, 24<sup>th</sup> October

- Suitable for vegetarians  
e - Suitable for vegans & vegetarians

All products are subject to availability.

### Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM1

Available Every Day

Fresh Fruit Platter Ve

Homemade Fruit Yoghurt V

April 202

**pabulum**  
HONESTLY GOOD FOOD