



**Head Teacher: Gillian Powe**  
Deputy Head Teacher: Joe Emissah

Thursday 17<sup>th</sup> June

Dear Parents / Carers,

I am writing to inform you of the particular areas that we will be focusing on in Sex and Relationships Education (SRE) during the summer term, the week beginning 28<sup>th</sup> June. This may help you prepare for the possible questions or topics that your child might wish to discuss with you at home.

From September 2020, Relationships and Health Education is compulsory in all primary schools in England. At Bishop Road, we use the Jigsaw PSHE scheme alongside several resources from 'Jasmin and Tom' to deliver the curriculum. We chose Jigsaw because it includes the statutory RSHE (Relationships Education, Sex Education and Health Education) and has a strong focus on emotional and mental health and wellbeing. The Jigsaw PSHE Programme includes lessons on ALL aspects of compulsory Relationships and Health Education, designed in a sensitive, age-appropriate curriculum.

**In Year 6, your child will be learning:**

<b>Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager.</b>	
<b>Relationships</b> Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	<b>Changing Me</b> Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition

In the past, we have chosen to deliver the sex education element of curriculum to boys and girls separately. We have found that this enables children to feel confident in asking questions that are pertinent to them; we have chosen to teach the SRE curriculum in this way again. To facilitate this, we will be joining two classes together. 6L and 6E will learn together and 6To and 6Ta will learn together, this will mean they form a two-class bubble for one day.

For a full view of our SRE curriculum, you can access our Sex & Relationships Education Policy on the school website. In previous years, we have been able to invite parents into school to answer any questions they have about the resources and content but this is not possible at present. However, we will be conducting individual 5-minute Zoom calls on 23<sup>rd</sup> and 24<sup>th</sup>



June to answer any questions you may have. If you wish to attend, please email [year6@bishoproadschool.co.uk](mailto:year6@bishoproadschool.co.uk) and we will contact you to arrange a time and date.

Parents have the right to withdraw their children from the non-statutory/non-science components of sex education within SRE. Any parent wishing to withdraw their child should discuss this with the class teacher in the first instance and then in writing to the Headteacher by 25<sup>th</sup> June. Alternative work will be given to pupils who are withdrawn from sex education.

Yours sincerely,

Alex Edwards

Head of Year 6

