



BISHOP ROAD  
PRIMARY SCHOOL

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# GROWTH & REFLECTION



# CURRICULUM STATEMENT

Pupils are encouraged to reflect on their experiences and to recognise how they are developing personally and socially, addressing the social, moral, spiritual and cultural issues that form an intrinsic part of growing up.



## WHAT DOES GROWTH AND REFLECTION LOOK LIKE AT BISHOP ROAD?

- Each week every child in the school has the opportunity to listen to, discuss and write about key themes raised in meaningful, high quality picture books.
- Children learn vocabulary that enhances their ability to articulate emotions and values.
- Children are able to use age appropriate language to describe a range of situations, experiences and relationships.
- Pupils are encouraged to be reflective and apply skills they have learnt in a practical way.

### ENRICHMENT OPPORTUNITIES

Visits from carefully chosen speakers, charities and groups support and compliment aspects of the PSHE curriculum. Visitors from NSPCC, anti-bullying organisations and local charities work with children in assemblies and classroom workshops.

### CONTRIBUTION THROUGH GROWTH & REFLECTION

Pupils gain the skills, knowledge and understanding they need to lead enriched, healthy lives and to become informed, active and responsible citizens. Each year, a Student Council is elected with representatives from every class in the school.



# ESSENTIAL CHARACTERISTICS OF GROWTH & REFLECTION

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- Together with teachers, children will provide clear ground rules and expectations for lessons ensuring all are respected and feel safe to express their views.
- Children use knowledge to help them make well informed and safe decisions about their personal wellbeing, relationships and actions in the community.
- Children are able to maintain a healthy lifestyle.
- Children know ways to keep physically and emotionally safe.
- Children can recognise sources of help.
- Children know how to respond in an emergency.
- Children develop and maintain a variety of healthy relationships, within a range of contexts.
- Children are able to recognise and manage emotions.
- Children recognise risky or negative relationships including all forms of bullying.
- Children develop respect for themselves and others.
- Children behave responsibly.
- Children respect and protect the environment.



# CURRICULUM COVERAGE

## Theme

Term 1 Being me in my world

Term 2 Celebrating difference

Term 3 Dreams and goals

Term 4 Healthy me

Term 5 Relationships

Term 6 Changing me

