



BISHOP ROAD
PRIMARY SCHOOL

GROWTH & REFLECTION

STORIES - KNOWLEDGE - LANGUAGE



OUR KEY PRINCIPLES

To enable pupils to gain the skills, knowledge and understanding they need to lead enriched, healthy lives and to become informed, active and responsible citizens. Pupils are encouraged to reflect on their experiences and to recognise how they are developing personally and socially, addressing the social, moral, spiritual and cultural issues that form an intrinsic part of growing up.



STORY CENTRED & CONTEXTUALISED LEARNING:

- Each week every child in the school will have an opportunity to listen to, discuss and write about key themes raised in meaningful, high quality picture books.
- Each book will have a link to one of our core PSHE themes: Living in the wider world, Relationships, and Living in the wider world.

KNOWLEDGE AS THE PATHWAY TO CREATIVITY:

- Children use knowledge to help them make well informed and safe decisions about their personal wellbeing, relationships and actions in the community.
- Pupils are encouraged to be reflective and apply skills they have learnt in a practical way.

LANGUAGE RICH AND VOCABULARY FOCUSED LEARNING:

- Children learn vocabulary that enhances their ability to articulate emotions and values.
- Children are able to use age appropriate language to describe a range of situations, experiences and relationships.

SUBJECT SPECIFIC TEACHING AND LEARNING APPROACHES

Teachers at Bishop Road will:

Ensure that they are clear about what can and cannot be kept confidential should pupils seek support on a specific personal issue.

Create a safe and supportive learning environment by ensuring all lessons are well organised and take into account any identified needs or concerns.

Together, teachers and children will provide clear ground rules and expectations for lessons ensuring all are respected and feel safe to express their views.

Will take into account the readiness and ability of our children and be mindful of those who need support accessing the curriculum.





CORE SKILLS

1. How to maintain a healthy lifestyle
 2. Ways to keep physically and emotionally safe
 3. How to recognise sources of help
 4. How to respond in an emergency
 5. How to develop and maintain a variety of healthy relationships, within a range of contexts
 6. How to recognise and manage emotions
 7. How to recognise risky or negative relationships including all forms of bullying
 8. Children will develop respect for themselves and others
 9. How to behave responsibly
 10. How to respect and protect the environment
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ENRICHMENT OPPORTUNITIES



Visits from carefully chosen speakers, charities and groups that support and compliment aspects of the PSHE curriculum. For example visits from the NSPCC, anti-bullying organisations and local charities.



ASSESSMENT, MONITORING & EVALUATION



- Teachers will create a safe and supportive learning environment by ensuring all lessons are well organised and take into account any identified needs or concerns. Together, teachers and children will provide clear ground rules and expectations for lessons ensuring all are respected and feel safe to express their views. Teachers will ensure that they are clear about what can and cannot be kept confidential should pupils seek support on a specific personal issue. Teaching will take into account the readiness and ability of our children and be mindful of those who need support accessing the curriculum.
- Teachers monitor children’s progress and adapt teaching accordingly. Assessment of the children’s work is on-going to ensure that understanding is being achieved and that progress is being made. Assessment includes questioning and verbal discussion as well as recorded work in the “Growth and Reflection” book.
- “Growth and Reflection” book looks will take place every long term and feedback given to ensure high quality outcomes are consistent across year groups. Each year will be provided with new planning or ideas given by Growth and Reflection subject leaders to ensure it supports the overarching ethos of the subject area. Providing lesson ideas, resources and plans will support teachers in their confidence in supporting the social, emotional development of their students. Children will complete termly reflections of how they have grown in each term.

CURRICULUM COVERAGE

YEAR	AUTUMN	SPRING	SUMMER
Values	Hope, Commitment, Friendship, Contribution	Kindness, Honesty, Forgiveness, Thankfulness	Humility, Creativity, Celebration
R	How to be a good friend Keeping safe Yes I Can (Resilience)	External body parts Recognising emotions Friendship and Kindness	Keeping Safe I Belong Dealing with strangers
I	How to identify and respond to forms of bullying How to recognise and manage emotions People who can help me Resilience	Internal body parts Keeping safe outside Honesty Be Yourself	How to recognise and manage emotions Respect for others Aiming High
2	What is meant by a healthy lifestyle (diet and exercise) How to identify and respond to forms of bullying Resilience	How to stay safe online How to manage conflict Think Positive	How to look after the environment Growing Up Working Together
3	Identifying risk Anti- Bullying How to stay safe online Resilience	Body Image Teamwork How to manage conflict Aiming High	Kindness Where money comes from Be Yourself
4	Managing our feelings Peaceful problem solving Anti-bullying Different groups and communities Resilience	Giving Growing Up Money Matters Anti-bullying	Keeping clean and not spreading germs One World
5	Jobs and careers Anti-bullying Different groups and communities	Loss – (Death in a nut – Eric Mad-dern) Self-respect	People we can trust
6	Boundaries and saying no Aiming High Resilience	Good touch and bad touch Anti-bullying Positive thinking	Transition Jobs and careers