



The Bishop Road Home Pentathlon



| <u>EVENT</u> | <u>NAME:</u> | <u>NAME:</u> | <u>NAME:</u> | <u>NAME:</u> | <u>NAME:</u> |
|------------------------|--------------|--------------|--------------|--------------|--------------|
| 20 x 5m shuttle run | | | | | |
| Standing long jump | | | | | |
| Standing vertical jump | | | | | |
| Target throw | | | | | |
| Speed bounce | | | | | |