

## Year 6 Camp – PGL Osmington Bay 2019 – What to bring

**General information:** Please ensure that all clothes (including shoes and bags) are named so that they can be returned to the owner if lost. Old clothing is recommended for some activities. Children may require more than one change of clothes per day, depending on the activities undertaken.

**Luggage:** Children can take one case plus one rucksack to have with them on the coach. Children must be able to pack and carry their own bag.

**Lunch:** Children will need to bring a packed lunch with them for the first day. All other meals will be provided at the venue.

**Spending Money:** This is non-essential and is given at the parents' discretion. We advise no more than £10. If you have at least some of the money in change this is helpful for the centre.

**Bedding:** Children need to bring one sleeping bag and one pillow with case. Only the bottom sheet is provided on the beds.

**Towels:** Children are recommended to bring two towels for their own personal use.

**Kit List:**

A sleeping bag and a pillow with case

2 pairs of old trainers (closed toe shoes are required)

3 pairs of old tracksuit bottoms

3 long sleeve tops/sweatshirts

5 T-shirts

2 warm jumpers

1 waterproof jacket (and preferably trousers)

Thick socks

Hat and gloves

Underwear & pyjamas

Toiletries

Hair ties for children with long hair

Water bottle

Large plastic bag for dirty or wet clothes

This is a recommended list – in short, children require plenty of changes of clothes which they don't mind getting wet and muddy. For some activities, the children must wear long sleeves, so this is worth considering when packing. Children with longer hair must have it tied back for activities and no loose fitting jewellery will be allowed on most activities either.

**Other useful items:** Books, playing cards and other quiet activities.

**Cake:** It is a Year 6 tradition for every child to bring along a cake. These are shared together in the evenings as a treat before bedtime.

**Water activities:** All specialist equipment will be provided for all of the activities. For water-based activities, children need to make sure they wear clothes which they don't mind getting wet but which will keep them warm.

**Footwear:** Children will not specifically require wellington boots, just sturdy trainers or shoes which they don't mind potentially getting wet and muddy.

### **Example Activity Session Timetable**

**07.15 – Rise & Shine**

**08.00ish – Breakfast (exact meal times vary from day to day)**

**09.00 – 10.30 – Outdoor Pursuit Session 1**

**10.35 – 12.05 – Outdoor Pursuit Session 2**

**12.05 – 14.15 – Lunch Time**

**14.15 – 15.45 – Outdoor Pursuit Session 3**

**15.50 – 17.20 – Outdoor Pursuit Session 4**

**17.20 – 19.00 – Evening Meal**

**19.00 – 20.30 – Outdoor Pursuit Session 5**

**20.30 – 21:00 – Cake and awards**

**21:00 – 21:30 – Get ready for bed and lights out!**

Meal times are staggered each day, so children will also have some free time either before or after their food. During this time, group leaders from PGL will run additional activities or the children can enjoy some free time.